



Thank you for participating in PlayStreets Chicago with the Garfield Park Community Council. We're going virtual this year for everyone's safety, but we're still going to have lots of family fun!

This week's activation is: Zumba, a tissue paper flower craft, and flower pot decoration. **To access the instructional videos, please visit Garfield Park Community Council's Facebook page or our website.** Under the "Events" tab, you'll see "PlayStreets!" Click that, and you'll be taken to the Event page. On July 24, you will see 2 videos:

- An informational video from GPCC, where you'll learn to make tissue paper flowers, as well as decorate a flower pot and plant seeds
- A Zumba video courtesy of Hot Mess Yoga—you can follow along and get moving with your family

When you are having fun doing these activities, take a short video or picture of your family participating in the crafts and Zumba and send it to us via social media, or email to Ms. Angela Taylor at **angela@gpcommunitycouncil.org**.

We'd love to see your smiling faces participating in PlayStreets!

Tissue Paper Flower Instructions

Materials:

- Several sheets of multicolored tissue paper
- Scissors
- Pipe cleaner, string, wire, or staple
- Ruler or straight edge



1. Pick out several sheets of tissue paper and stack them on top of each other. They can be different colors or all the same. The more sheets you use, the fluffier your flower will be, but make sure to use at least 4 sheets.



2. Lay the stack of paper flat on a surface. Using your ruler or edge, measure out and cut the paper into a square (if you're using the paper in the kit, this will already be done for you, no cutting necessary).



3. Take one edge of the paper and fold it back about an inch. Make sure to hold all of the sheets together.



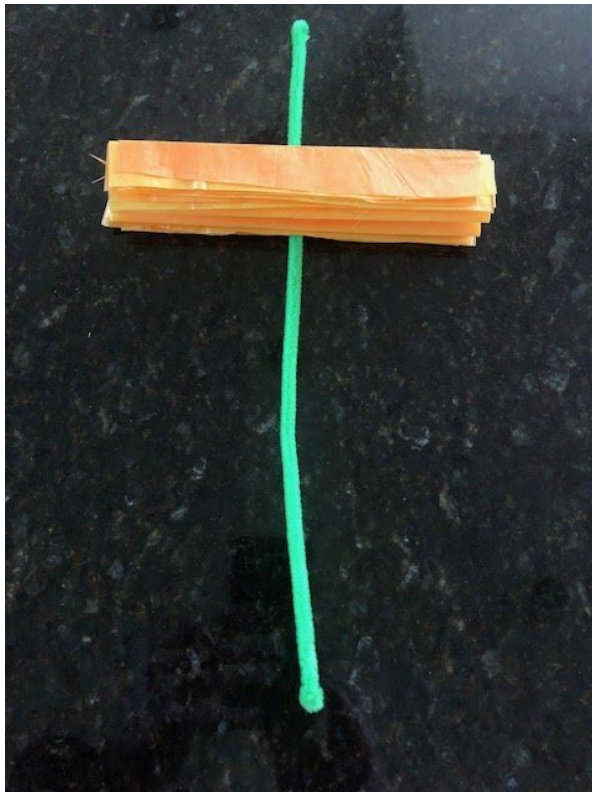
4. Flip the stack over and fold the paper back another inch.



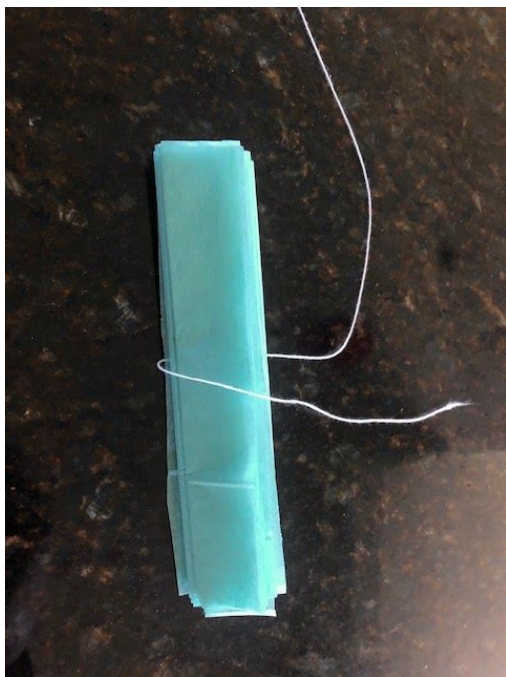
5. Continue folding like this, accordion style, until you've folded the whole stack.



6. Take your pipe cleaner and use the top $\frac{1}{3}$ to fold and twist around the center of your stack of paper. This will be your stem, so leave some to hold on to.

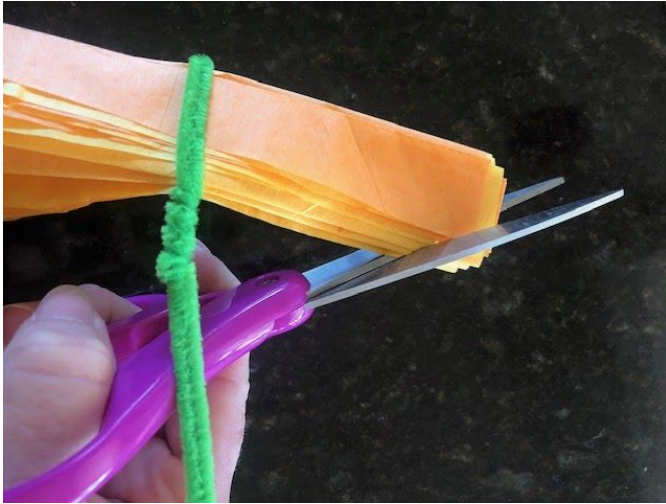


7. If you don't have a pipe cleaner, you can staple the center of your stack, or tie a string around it, for a stemless flower. Try hanging it up for a decoration, or using them as a table centerpiece.



8. Decide what you'd like your petals to look like: you can cut a round, pointed, or fringed shape for your petals. Use the scissors to cut the short ends of your stack of paper into whichever shape you choose.

Pointy:



Round:



Cut your paper like this (left) to get a flower that looks like this (right)

Fringed:

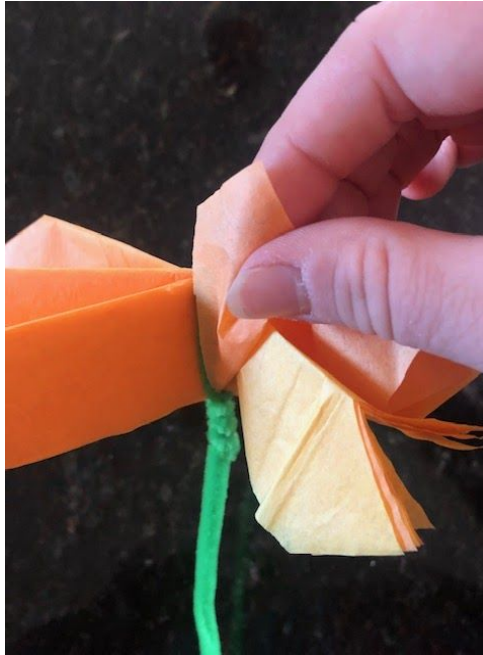


Cut your paper like this (left) to get this look (right)

9. Hold the stem and pull the accordion fold out so that it makes a fan shape.



10. Starting with the top sheet of paper, and in the middle (near the pipe cleaner), lift the layers of tissue paper up and towards the center. Don't pull from the edge (where you cut the petal shape), or you might tear the paper.



11. Lift each layer of paper until your flower is full. Fluff the petals with your fingers, and you're finished! Enjoy your beautiful flower, and be sure to send us pictures!



Flower Pot and Seed Planting Instructions

Materials:

- Small flower pot
- Paint and paintbrushes (or markers, stickers, etc.)
- Soil
- Water
- Spoon
- Plastic wrap
- Rubber bands
- Scissors

1. Paint a design on the outside of the plastic pot. Let dry completely.
2. Use your spoon to fill the pots 1/2 way with soil. Water soil so it is damp.
3. Plant 2 to 3 seeds 1/4 inch deep in soil. Give them each a bit of space from each other. Press down lightly and then cover gently, just enough so you don't see the seeds peeking out.
4. Measure and cut a piece of plastic wrap about 5 x 5 inches (enough to cover the top of the pot). Place plastic wrap over the top of each pot. Secure in place with a rubber band.
5. Place pots on windowsill with partial sunlight. Remove the rubber band and plastic wrap after the seeds have begun to sprout (about 5-6 days). Keep soil moist.
6. When plants are 1 inch tall, place pots in direct sunlight. Turn pots a little each day so the flowers receive equal sunlight. Keep the soil slightly damp at all times.
7. Send us pictures of your beautiful flowers and decorated flower pots!